

Hertfordshire Memory Pathway

If you are concerned about your memory, your GP might:

- * Check Life history
- * Rule out physical causes
- * Take bloods
- * Referred to Neurologist
- * Make a referral to the voluntary sector
- * Complete other necessary tests

Name(s)

Preferred to be called:

Carer/family:

Involvement from voluntary sector/ possible self referral:

- Alzheimer's Society
- Carers in Hertfordshire
- Hertswise
- Herts Help
- Admiral Nurses
- [Rare Dementia support](#) (More information overleaf)

Hertfordshire Partnership NHS Foundation Trust (HPFT) Single Point of Access (SPA):

If you have been referred you will receive a triage telephone call from SPA to find out a little more about your needs so that you can be referred onward or signposted to the most appropriate service to meet your needs.

You will then be referred to the [Early Memory Diagnosis and Support Service \(EMDASS\)](#) team, which is part of HPFT, who offer comprehensive assessments and practical support to Hertfordshire residents who have concerns about their memory and are worried that they may be living with Dementia. During this time, you will have access to Specialist Nurses, Psychiatrists, Psychologists and Occupational Therapists. After triage you will receive either a home, specialist or local GP clinic appointment for further assessment. Your family and carers can be involved in every stage of this.

A **diagnosis** is then given. You will then be supported to access the following (depending on the diagnosis) You will also receive a letter confirming the diagnosis.

If you receive a diagnosis of **Dementia**

If you receive a diagnosis of **Mild Cognitive Impairment (MCI)**

If **NO** Diagnosis

Your GP will look after your medical needs. (Carers can register as a Carer with the GP practice for extra support)

You may be referred for the following services to help support you and your carer/family:

- Adult Care Services (Social Services) referral may also be made to support you and your carer/family ([Needs Assessment](#) / [Carers Assessment](#) / [Carers in Case of Emergency](#))
- You will still have access to EMDASS who may prescribe medication if appropriate
- The Alzheimer's Society for further support in the community
- You will also be able to access services such as Hertswise and Carers in Herts
- Possible referral to GP Link Worker for sign posting for other support

Your GP will look after your medical needs.

You may also be referred for:

- Cognitive Stimulation Therapy (CST)/ Psychology within HPFT
- The Hertswise Service and wider Voluntary Sector
- Adult Care Services (Social Services) referral may also be made to support you and your carer/family
- Possible referral to GP Link Worker for sign posting for other support

Your GP will look after your medical needs.

You may also be referred for:

- Further medical tests
- Adult Care Services (Social Services) referral may also be made to support you and your carer/family
- A Referral to the HPFT (NHS) team, or the Wellbeing Team
- A Voluntary Sector referral may also be made
- Possible referral to GP Link Worker for sign posting for other support

Request an [Annual Review](#) from your GP

- For persons living with dementia
- Carers
- Mild Cognitive Impairment

Review Date ?

At any point, you or your carer can self refer back to HPFT for support with Dementia or any other Mental Health Issues via **0800 6444 101**

12 WEEKS

LIFE TIME

Are you worried about memory loss?

Why not take a look at Hertfordshire's Dementia Services for you and your carer

Age UK Hertfordshire

A charity dedicated to help improve the lives of older people in Hertfordshire

0300 345 3445

info@ageukherts.org.uk
www.ageuk.org.uk/
hertfordshire

Alzheimer's Society

A charity providing continuous support, information and guidance to people living with dementia and their carers

01707 378 365

central.herts@alzheimers.org.uk
www.alzheimers.org.uk

HPFT

An NHS Organisation providing memory assessment services, as well as community and crisis mental health services

0800 6444 101

hpft.pals@nhs.net
www.hpft.nhs.uk

Adult Care Services (ACS)

A countywide service providing advice and needs assessments for people with dementia and their carers.

0300 123 4042

www.hertfordshire.gov.uk/services/adult-social-services

Hertswise

A service supporting people living with mild cognitive impairment, low level memory loss and dementia, as well as their loved ones and carers

0300 123 4044 info@
hertshelp.net
www.hertswise.org.uk

HertsHelp

An organisation to help you find independent support, guidance and information you need to get the most out of life

0300 123 4044
info@hertshelp.net
www.hertshelp.net

Carers in Herts

A charity providing information, advice and support to unpaid carers, people looking after someone who is elderly, disabled, has a mental illness or who misuses drugs or alcohol

01992 568 969
contact@carersinherts.org.uk
www.carersinherts.org.uk



Hertfordshire Partnership University
NHS Foundation Trust